

ONE-ON-ONE FIELD GUIDE (45 minutes)

The 45-minute One-on-One Field Guide allows two men to slow down and go deeper. It creates room for thoughtful conversation, Scripture engagement, reflection, and a steady, unhurried pace that helps both men listen well and respond well.

This isn't about filling the time; it's about giving God room to work. Forty-five minutes. One conversation. One clear step. Real sharpening that strengthens a man from the inside out.

1. Connect + Settle In (5 minutes)

Not small talk—purposeful settling.

Prompts:

- “Good to see you—how’s your week been?”
- “Anything weighing on you today?”

One minute each, max.

Purpose: Build trust and shift from daily noise to intentional time.

2. Open Prayer (2 minutes)

Short, steady, directional.

Prayer:

“Lord, give us clarity, honesty, and courage today. Lead this time.”

Purpose: Center the meeting on God’s presence and guidance.

3. Review the Devotional (6–7 minutes)

Each man highlights one takeaway.

Prompts:

- “What truth stood out most?”
- “What idea kept coming back to you?”

Purpose: Start with what God has already been stirring.

4. Discuss the Theme (7–8 minutes)

Choose one theme-driven question.

Examples:

- Identity: “What shapes a man’s identity?”
- Pressure: “Why do men carry burdens alone?”
- Character: “What weakens a man over time?”
- Discipline: “What happens when habits slip?”
- Calling: “What gets in the way of obedience?”

Purpose: Let the theme expose truth, patterns, and blind spots.

5. Engage the Scripture (6–7 minutes)

Read the verse twice.

Ask:

- “What does this reveal about God?”
- “What does it ask of a man?”
- “What correction or encouragement is here?”

Purpose: Make Scripture the authority in the room.

6. The Iron-Sharpening Moment (8–10 minutes)

Honest dialogue that sharpens.

Ask:

- “Where do men drift on this issue?”
- “What does maturity look like here?”
- “What gets in the way?”
- “What changes if a man lives this out?”

Purpose: Growth requires friction — not shame, but sharpening.

7. Choose a Weekly Action Step (4 minutes)

One clear, doable step.

Examples:

- A verse to memorize
- A habit to practice
- A conversation to initiate
- A temptation to avoid

Purpose: Truth becomes transformation through action.

8. Pray Together (3 minutes)

Focused and united.

Prayer:

“Lord, strengthen us. Help us put this into practice.”

Purpose: End with dependence on God.

9. Confirm Next Meeting + Encouragement (1 minute)

“Same time next week?”

“I appreciate walking this out together.”

Purpose: Consistency builds discipleship.

Total Time: 45 Minutes

A full, Scripture-driven one-on-one that never feels rushed or overbuilt.